



# The different effect of two paint systems on moisture buffer capacity of traditional and modern plasters

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## ABSTRACT

Plasters can be finished with paint systems that can affect their moisture storage and transport properties. To confirm that, eight traditional and modern plastering mortars and pastes – based on cement, natural hydraulic lime, air lime, earth and gypsum - were coated with a vinyl paint (A) and an acrylic paint (B) and underwent the same hygroscopic characterization of the bare mortar samples. The effect of paint system A on water vapor adsorption and moisture buffering was small, in some cases positive. However, all the plasters painted with system A showed lower water vapor permeability than the bare plasters. The variation in the thickness of equivalent air layer was not the same for all the plastering mortars and pastes, suggesting that the different plastering substrates were still involved in the hygroscopic mechanism. The application of paint system B, instead, significantly reduced the hygroscopic behavior of the plasters, leveling their responses. The two paints, produced for different scopes and so with different kind and contents of constituents, have a diverse effect on those properties. Therefore, to optimize the passive contribution that plasters may have to indoor comfort, it is important to make a conscious choice when choosing paint finishing systems.

## 1. Introduction

The high amount (40 %) of global energy consumed by the building sector [1] and the high amount (90 %) of time people spend indoors [2] are two key factors to consider for indoors design. Coating materials can passively contribute to the indoor moisture control [3] diminishing the energy requirements of buildings [4–6] and preventing risk of inhabitants' exposure to unhealthy environments and the possible development of chronic diseases [7–11].

Among many coating materials, plastering mortars and pastes are commonly used to cover interior walls and ceilings. Thus, they have a large surface in contact with indoor air and their potential to contribute to passive moisture control can be important. Traditional and modern binder-based plasters are found to have different moisture buffering properties [12,13]. Plasters based on clay generally have a very high moisture capacity and for this reason their moisture behavior is often studied [14–16], but also other binder-based plasters have been the subject of interest in some research studies [17–19], often in comparison with the clay-based ones.

Highly hygroscopic coating products are expected to adsorb and release moisture when the relative humidity (RH) increases or decreases, respectively [20,21]. The coatings passive moisture regulation can ensure better indoor air quality (IAQ). This can be particularly important especially under conditions of only natural ventilation, with little or no air exchanges, and high moisture

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production, like the case of a bedroom during the night occupied by two people sleeping [22]. Furthermore, in indoor environments equipped with an HVAC system, a reduction of operational energy can be achieved through the moderation of RH peaks [23–25] passively induced by highly hygroscopic coatings.

Nevertheless, it is common practice to apply a finishing layer (or more) on plasters. The reasons can be related to the vulnerability of some plasters to liquid water, particularly those based on clay or gypsum; their poor aesthetics, as is the case of plasters based on cement and natural hydraulic lime; usage habits; social factors; or simply the users' decision. Therefore, it seems reasonable to consider applying an additional finishing. Furthermore, although it is common to apply a layer of paint to mortars, both on interior and exterior walls, only a few papers analyze the effect of paints on the moisture properties of plastering mortars. In fact, most of the studies address the moisture transport and the drying capacity of the render-paint systems [26–28], to better understand the degradation mechanisms that can be triggered in old buildings after a restoration work. Silicate, silicone, hydro-philic acrylic paints for exterior walls and poly(vinyl acetate) paints for indoors are the modern representatives that have replaced traditional casein and lime-based paints. The composition of these modern waterborne paints is not known in detail, but in general they consist of a mixture of binders (resins), fillers, pigments and various additives, such as biocides, antifoam and freeze-thaw agents, plasticizers and thickeners, among others, designed to increase the performance and durability of the products [29].

Among all the possible paint finishing systems, the present study analyzes the application of two paints produced and commercialized, one for indoor and one for exterior use. The selected paints are both waterborne products formulated with a polyvinyl acetate resin (paint A) and an acrylic resin (paint B). The application of both paints on the different mortar substrates was made according to the same protocols and following the producers' recommendations and their influence on the hygroscopic behavior of mortars was evaluated.

## 2. Materials and methods

### 2.1. The commercial paintings

#### - PAINT A

The paint (A) designed for indoor use was selected for the study. The paint was not yet on the market and a technical data sheet with its characteristics was not available; so, its laboratory characterization was carried out. The binder was identified by Fourier-transform infrared spectroscopy (FT-IR) after an extraction with chloroform. The results showed that the paint binder is a polyvinyl acetate resin (Fig. 1a). The bulk density of the paint was determined by using a pycnometer and the non-volatile-matter content (NVMC) by drying at 105 °C in a ventilated oven for 1 h (Fig. 2).

The water vapor permeability (WVP) of the paint was tested on three specimens. The application was run on polytetrafluoroethylene sheets (PTFE or Teflon) (Fig. 3a) in two layers, brushed with 24-h drying interval and dried at  $23 \pm 2$  °C e  $50 \pm 5$  % RH for 30 days, in order to obtain a final dry thickness of about 140  $\mu$ m.

After drying, the paint films were detached from the PTFE sheet and cut into the shape of disks (approx. 80 mm diameter) (Fig. 3b). Three film disks from the paint A were sealed with wax to the rims of the cups used for WVP tests (Fig. 3c). A saturated solution of ammonium dihydrogen phosphate (300 ml) was used to obtain 93 % RH environment inside the cups, based on EN ISO 7783 [30]. The circular test area of approx. 60 mm diameter was exposed to the test conditions inside a climatic chamber Aralab-Fitoclima 700 EDTU kept at  $50 \pm 5$  % RH and  $23 \pm 2$  °C until constant water vapor flux for at least five successive weighing intervals (24 h). The determination of the films' thicknesses was done by using an electronic micrometer according to EN ISO 2808 [31]. A value of 158  $\mu$ m was found, by averaging eight measurements (Fig. 3d). This real thickness value was considered for calculating the diffusion-equivalent air layer thickness ( $s_d$ ) of 0.053 m that would correspond to the class V<sub>1</sub> – high water vapor transmission rate ( $s_d < 0.14$  m) according to the standard [32] and is consistent with tabulated design values for paint emulsions referred in the standard ISO 10456 [33].

#### - Paint B

A second commercial paint (B) designed for exterior surfaces was already characterized by the Portuguese National Laboratory for Civil Engineering (LNEC). It was used in the study to allow some comparison in terms of type of binder and water vapor properties, since exterior coatings are in general less permeable to water vapor than interior paints. Following the producer recommendations, it

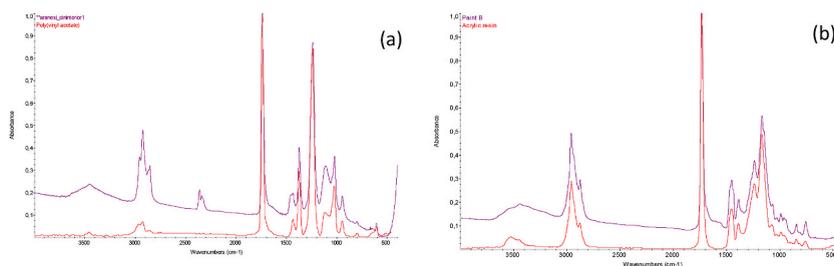


Fig. 1. FT-IR spectra of: (a) binder of paint A (in purple) compared with a polyvinyl acetate (in red) from the literature; (b) binder of paint B (in purple) compared with an acrylic resin (in red) from the literature. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

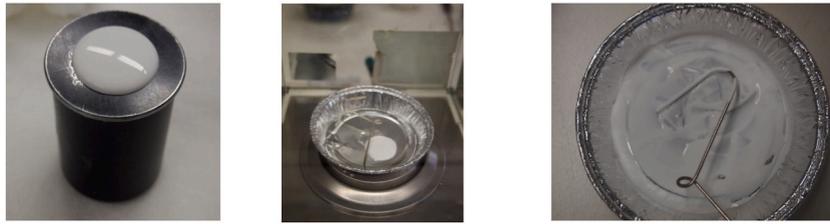


Fig. 2. Laboratory assessment of bulk density and non-volatile-matter content of paint A.

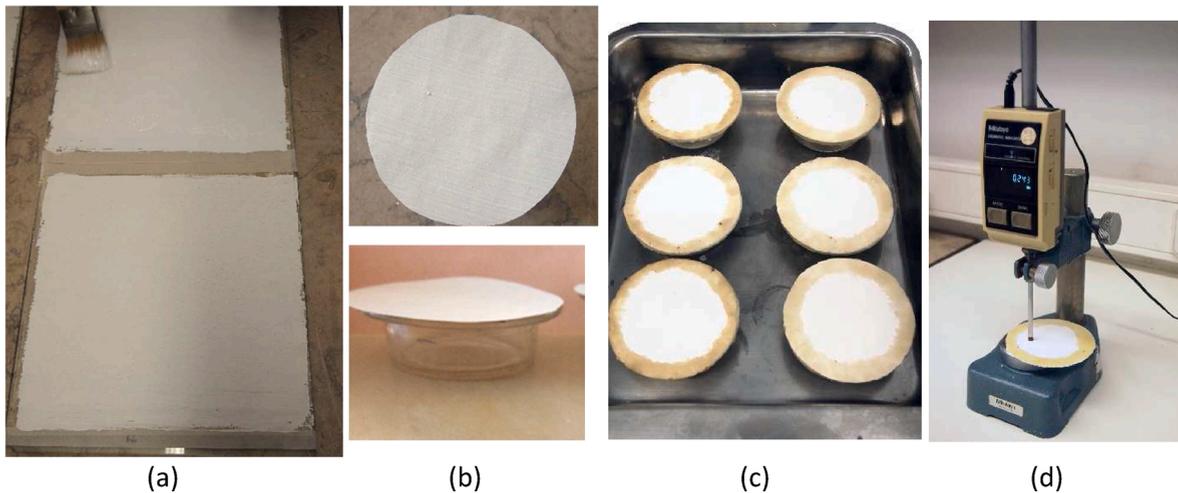


Fig. 3. Application of the paint on Teflon (a); disks cut (b); disks sealed on water vapor permeability cups (c); thickness of the dried paint system measurement (d).

was applied in three layers to obtain around the same thickness as paint A. The FT-IR spectra of the binder B and the comparison and match with an acrylic resin from literature is shown in Fig. 1b. The main characteristics found from the analysis of the paint A and obtained by the LNEC technical sheet for the paint B are synthesized in Table 1.

## 2.2. The plastering mortars

The products selected as substrates for the experimental campaign were five plastering mortars and three pastes used as plasters finishing layers (Fig. 4). The plasters were elsewhere characterized at water vapor permeability and hygroscopic behavior [12]. The five mortars are based on different binders, namely: clayish earth (E), hydrated lime (AL), natural hydraulic lime (NHL) and cement (C), the latter produced with two different water:binder ratios (0.9 and 1.3). The pastes are based on calcium sulphate hemihydrate (G) and two combinations of the latter with hydrated lime (AL50\_G50 and AL70\_G20). For each product, three specimens of 40 mm × 40 mm × 20 mm approx. were used for the application of the paints. The apparent bulk density and open porosity of the plasters were obtained following EN 1936 [34] by vacuum and hydrostatic weighing, except for the earth plasters which were geometrically determined as they would be damaged by water. Table 2 presents a synthesis of the plasters and their characteristics, including their previous fresh state and hygroscopic characterization.

The two commercial paint systems A and B were applied on the substrate specimens following the same procedure described for the application on PTFE sheets (intended dry thickness of about 140 μm in two layers for paint A and three layers for paint B, brushed with 24 h drying interval and dried at 23 ± 2 °C and 50 ± 5 % RH for 30 days). The number of paint layers applied on the mortars were selected according to the producer recommendations; nevertheless, the final dry thickness of design was kept the same.

**Table 1**  
Synthesis of the paints characterization.

	BD [g/mL]	NVMC [%]	s <sub>d</sub> [m]	WVP class
Paint A	1.403	48.9	0.053	V <sub>1</sub>
Paint B	1.373	52	>0.14; <1.4	V <sub>2</sub>

Notation: BD – Bulk density; NVMC – Non-volatile-matter content; s<sub>d</sub> – Air layer thickness with equivalent diffusion; WVP – Water vapor permeability.

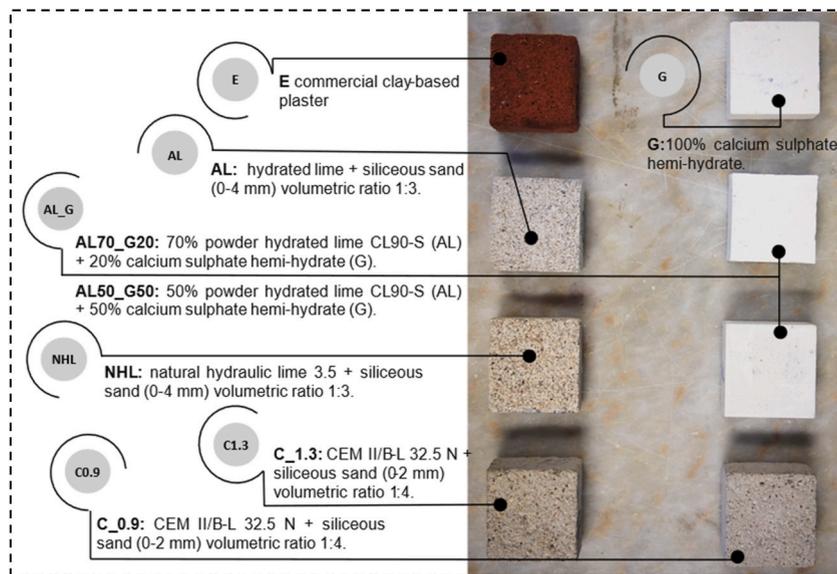


Fig. 4. The plastering mortars and pastes ready for the application of the commercial paint system.

Table 2

Synthesis of characterization of the plastering mortars and finishing pastes selected as substrate for the study [12].

Characterization	E	AL	NHL	C0.9	C1.3	G	AL50_G50	AL70_G20
Binder	Illitic Clay	CL90-S	NHL3.5	CEM II/B-L 32.5 N	CEM II/B-L 32.5 N	CSH	CSH + CL90-S	CSH + CL90-S
Aggregate type	Natural siliceous	Tagus river	Tagus river	Natural siliceous	Natural siliceous	–	–	Calcitic
Aggregate size [mm]	0–2	0–4	0–4	0–2	0–2	–	–	<45 $\mu\text{m}$
Water: binder [–]	0.2*	2.8	1.4	0.9	1.3	0.7	0.8	1
Fresh consistence [mm]	171 $\pm$ 10	151 $\pm$ 5	150 $\pm$ 5	140 $\pm$ 3	161 $\pm$ 1	190 $\pm$ 5	165 $\pm$ 5	165 $\pm$ 5
BD [kg/m <sup>3</sup> ]	1770	1755	1852	1937	1891	1048	1048	1043
OP [%]	–	27.4	25.6	20.4	23.3	46.3	50.7	53.4
$\mu$ [–]	9.07	7.43	9.32	20.42	14.48	5.49	5.22	5.18
MBV[g/(m <sup>2</sup> %RH)]	1.49	0.42	0.80	0.84	0.82	0.61	1.03	1.27
MC <sub>12h</sub> [g/m <sup>2</sup> ]	74.4	16.5	28.6	40.2	34.5	25.5	37.36	37.68

Notation: CL90-S -Hydrated air lime, NHL3.5- Natural hydraulic lime; CEM II/B-L 32.5 N - Cement; CSH – Calcium Sulphate Hemi-hydrate; \* – Water/mix ratio; BD – Bulk density (dry); OP – Open porosity;  $\mu$  – Water vapor resistance factor; MBV – Moisture buffering value by NORDTEST [22]; MC<sub>12h</sub> – Moisture content at 12 h (DIN 18947, 2018).

### 2.3. Test methods on the painted plasters

#### 2.3.1. Water vapor permeability

After the application and drying of the paint A, as described in section 2.2, three specimens of each mortar and paste were tested for water vapor permeability (WVP). This property quantifies the moisture transport capacity of the coatings that, combined with the moisture storage (quantified through the sorption isotherms), defines their moisture buffering properties. They were sealed with aluminum tape on the four lateral faces, to guarantee the mono-directionality of the water vapor flux, and with wax on the top of the cups containing calcium chloride, to ensure the  $\Delta\text{RH}$  (0–50 %) prescribed by the ISO 12572 [35] for the dry cup conditions. The test procedure followed was the same described by Ranesi et al. [12] for the same, unpainted, specimens. Due to the shortage of specimens (the ones used in the study were mainly collected as leftover from other campaigns) it was not possible to perform the test of WVP for the mortars and pastes coated by the paint B system. Results were expressed as thickness of the equivalent air layer for the bare plasters and for the coated systems (paint A), at the experiment hygrothermal conditions (0 % RH, 23 °C; 50 % RH, 23 °C). The water vapor permeability of the air layer was calculated according to the Schirmer formula as prescribed by the ISO 12572 [35].

#### 2.3.2. Sorption isotherms

After the WVP test, the sorption isotherms of the painted plasters were determined according to ISO 12571 [36]. The specimens were sealed with aluminum tape on their four lateral faces and on the base. Once dried in an oven at 45 °C until constant mass (mass variation lower than 0.1 % in 24 h, after three consecutive weighing), they were placed in the same climatic chamber used before, at 23  $\pm$  5 °C and RH following the steps 30 %, 50 %, 70 %, 80 % and 95 % RH, keeping each until steady state. The slope of the curves was

used to calculate the specific moisture capacity for *middle humidity levels* (50–70 % RH). During the test on the specimens with the application of the paint B some technical issues prevented the climatic chamber from reaching the 95 %. In order to show results compatible with the previous two tests, it was then decided to predict the curve based on a nonlinear regression analysis of the adsorption (0–80 % RH) and the desorption (80%–0%RH) real data, available from the test.

The model selected has already been used by other authors [37] and is considered appropriate for simulating the response of hygroscopic materials. equation (1) here applied, was firstly proposed by Hansen in 1986 [38]:

$$u = a \bullet \left(1 - \frac{\ln \varphi}{b}\right)^{\frac{1}{c}} \quad (1)$$

with  $u$  the moisture content [kg/kg],  $\varphi$  the relative humidity [–] and  $a$ ,  $b$ ,  $c$  the parameters to be calculated to fit the prediction curve to the experimental data. To fit the curve the most, it was decided to write two equations (one for adsorption and one for desorption) and calculate the  $R^2$  for each segment (adsorption and desorption). The moisture content at 95 % RH was successively predicted as the maximum value between the adsorption and the desorption equations applied at 95 % RH. In Table 3 a synthesis of the calculated parameters and  $R^2$  is shown.

### 2.3.3. Moisture penetration depth

The moisture penetration depth (MPD) was calculated for bare mortars and for the systems mortars-paint A. The determination of this parameter for systems mortars-paint B was not possible due to the lack of experimental results regarding its WVP. The MPD represents the thickness of the material involved in the mechanism of moisture buffering. The higher the MPD of a plaster, the higher volume of material is involved in their moisture activity. Thus, it needs to be provided that the thickness of the plaster layer is greater than its MPD, to ensure that the plaster works at its maximum ideal moisture buffer capacity. Thus, to correctly determine the moisture buffering value of any building material, it is necessary to test specimens with thicknesses greater than the material's MPD. Two simplified methods of calculation for porous materials, present in literature [22,39], were followed.

The theoretical penetration depth calculated according to Rode [22] as the “depth where the amplitude of moisture content variations is only 1 % of the variation on the material surface”,  $d_{p,1\%}$ , is given by equation (2):

$$d_{p,1\%} = 4.61 \sqrt{\frac{D_w t_p}{\pi}} \quad (2)$$

being  $t_p$  the time in seconds of duration of the daily cycle 86400 s, and  $D_w$  the moisture diffusivity of the material depending on the water vapor permeability of the material ( $\delta_p$ ), its dry bulk density ( $\rho$ ), its specific moisture capacity ( $\xi_u$ ) and the saturation vapor pressure ( $p_s$ ), defined by equation (3):

$$D_w = \frac{\delta_p p_s}{\rho \xi_u} \quad (3)$$

where  $\rho$  is the dry bulk density of the mortars (that was presented in section 2.2),  $\delta_p$  their water vapor permeability at  $\Delta RH$  0–50 %, and  $(\partial u / \partial \varphi)$  their specific moisture capacity according to the values of moisture content ( $u$ ) at 50 % RH and 70 % RH. The saturation water pressure was calculated by equation (4):

$$p_s = 610.5 e^{\frac{17.269 t}{237.3+t}} \quad (4)$$

where  $t$  is the temperature [°C] of the experiment.

But, as observed by Maskell et al. [40], the application of a model built for a semi-infinite or very thick material (as the one proposed by Rode et al. [22]) may not be very suitable for plasters. Therefore, the model proposed by Woods et al. [39] was also applied, considering  $1/e$  (36.8 % instead of 1 %) as the ratio of the amplitude of moisture content variation [40], and the theoretical penetration depth was calculated by equation (5):

**Table 3**  
Synthesis of the nonlinear regression analysis parameters:  $a$ ,  $b$ ,  $c$  and  $R^2$  fitting the Hansen equation [38] for adsorption and desorption.

Mortar	Adsorption			$R^2$	Desorption			$R^2$
	$a$	$b$	$c$		$a$	$b$	$c$	
E	0.006	24.742	0.024	0.99	0.006	0.724	0.827	0.98
AL	0.001	34.000	0.019	0.99	0.002	1.500	0.380	0.99
NHL	0.002	25.934	0.024	0.99	0.002	24.000	0.050	0.97
C1.3	0.003	28.249	0.026	0.99	0.002	0.926	1.271	0.98
C0.9	0.004	25.534	0.023	0.99	0.004	0.882	0.973	0.93
AL70_G20	0.004	26.569	0.024	0.99	0.005	23.913	0.059	0.98
AL50_G50	0.004	24.871	0.023	0.99	0.004	0.839	0.858	0.97
G	0.004	24.111	0.022	0.99	0.003	15.000	0.090	0.99

$$d_{1/e} = \sqrt{\frac{D_w t_p}{\pi}} \quad (5)$$

### 2.3.4. Moisture buffering value

The practical moisture buffering value (MBV) is the quantification, under the selected standard conditions, of the moisture buffering capacity of a building material (plaster or system). Thus, the MBVs of the bare mortars and of the systems with paints A and B were experimentally obtained, even if tests were not simultaneously run. The specimens were sealed on their five faces with aluminum tape and preconditioned in a climatic chamber at  $63 \pm 5\%$  RH and  $23 \pm 0.5^\circ\text{C}$ . A balance with 0.001 g resolution was used. The test was run according to the *middle humidity level* condition of the international standard ISO 24353 [41]. Thus, the specimens were exposed cyclically at two steps, 12 h each, of 75 % and 50 % RH, at the fixed temperature of  $23 \pm 0.5^\circ\text{C}$  and weighted after 3, 6, 9, 12 and 24 h. The last three cycles out of five were considered for calculating the average value in adsorption and desorption of practical MBVs, according to the NORDTEST prescriptions [22].

Moreover, for comparison, the ideal MBV of bare and painted A mortars was calculated as proposed by Rode et al. [22] by equation (6). The determination of this parameter for mortars with application of paint B was not possible due to lack of experimental results of WVP.

$$MBV_{ideal} = \frac{G_{(t)}}{\Delta RH} \quad (6)$$

In equation (6)  $\Delta RH$  is the applied step in RH and  $G_{(t)}$  the predicted moisture flux (uptaken and released), calculated by equation (7):

$$G_{(t)} = b_m \Delta p h(\alpha) \sqrt{\frac{t_p}{\pi}} \quad (7)$$

being  $\Delta p = p_{s,50} - p_{s,0} = 1403.91$  Pa;  $b_m$  the moisture effusivity of the material. The moisture effusivity ( $b_m$ ) is function of water vapor permeability ( $\delta_p$ ), dry bulk density ( $\rho$ ), specific moisture capacity ( $\xi_u$ ) and saturation water pressure ( $p_s$ ) of the material, and was calculated by equation (8):

$$b_m = \sqrt{\frac{\delta_p \rho \xi_u}{p_s}} \quad (8)$$

where  $h(\alpha)$  is a function of the fraction of the time-period where the RH is high ( $\alpha$ ). In the case of the present study,  $\alpha$  was taken as  $\frac{1}{2}$  with  $h(\alpha) = 1.073$  from equation (9):

$$h(\alpha) \approx 2.252[\alpha(1 - \alpha)]^{0.535} \quad (9)$$

turning equation (5) for the predicted moisture flux for application of the cycle 12/24 prescribed by ISO 24353 [41] into equation (10):

$$MBV_{(ideal)} = 0.00605 b_m \Delta p \sqrt{t_p} \quad (10)$$

Thus, the ideal MBV of the unpainted and painted (A) mortars will mostly depend on their moisture effusivity ( $b_m$ ), meaning that, under the same testing conditions, differences of results will mainly rely on materials water vapor permeability and moisture capacity.

## 3. Results and discussion

### 3.1. Water vapor permeability

An overall increase is observed in the air layer thickness with equivalent water vapor diffusion of the plastering mortars and pastes, introduced by the application of the paint A (Fig. 5). The effect of paint A is more evident for the gypsum pastes (AL70\_G20, AL50\_G50, G) probably due to the higher permeability of the pastes.

Ramos et al. [42] also tested gypsum and gypsum-lime (50%–50 %) finishing plasters coated by 50  $\mu\text{m}$  layers of both vinyl and

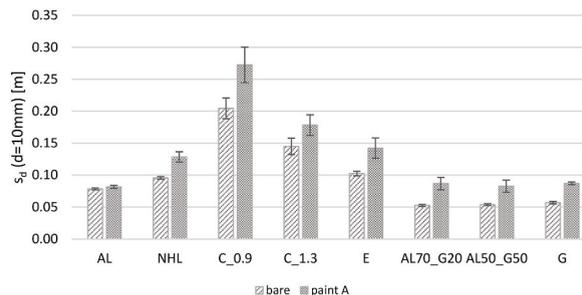


Fig. 5. Thickness of the equivalent air layer ( $s_d$ ) of the plasters with and without paint A application (average and standard deviation).

acrylic paints. The authors observed that the water vapor resistance introduced by the paints is influenced by the base material, consistent with the results found here. Indeed, the different influence of the same paint on plastering mortars and pastes can also be related to their different surface properties, like the surface roughness and compactness, that can lead to a different final dried thickness of the paint film. The effect of the application of the acrylic paint B on the studied mortars was not analyzed, but it seems relevant to refer that in literature [26] it was found that the presence of acrylic paint layer results in the decrease of the water vapor diffusivity of systems made of mortars based on natural hydraulic lime, on cement and on air lime.

### 3.2. Sorption isotherms

Sorption isotherms of the bare mortars (dashed black line), the vinyl painted system A (continuous grey line), the acrylic painted system B (only symbols, blue) and the predicted response of the painted system B (continuous blue line) are shown in Fig. 6, with y axes differently scaled, according to the system plaster-paint maximum moisture content, for a better reading of results. The expression of moisture content [%] is given as mass by mass ( $u=(m_i-m_0)/m_0$ ) with  $m_i$  being the  $i$ -th mass and  $m_0$  de initial dry mass of the specimens. It is observed a difference between the application of the two paints, with acrylic paint B generally reducing the moisture capacity of

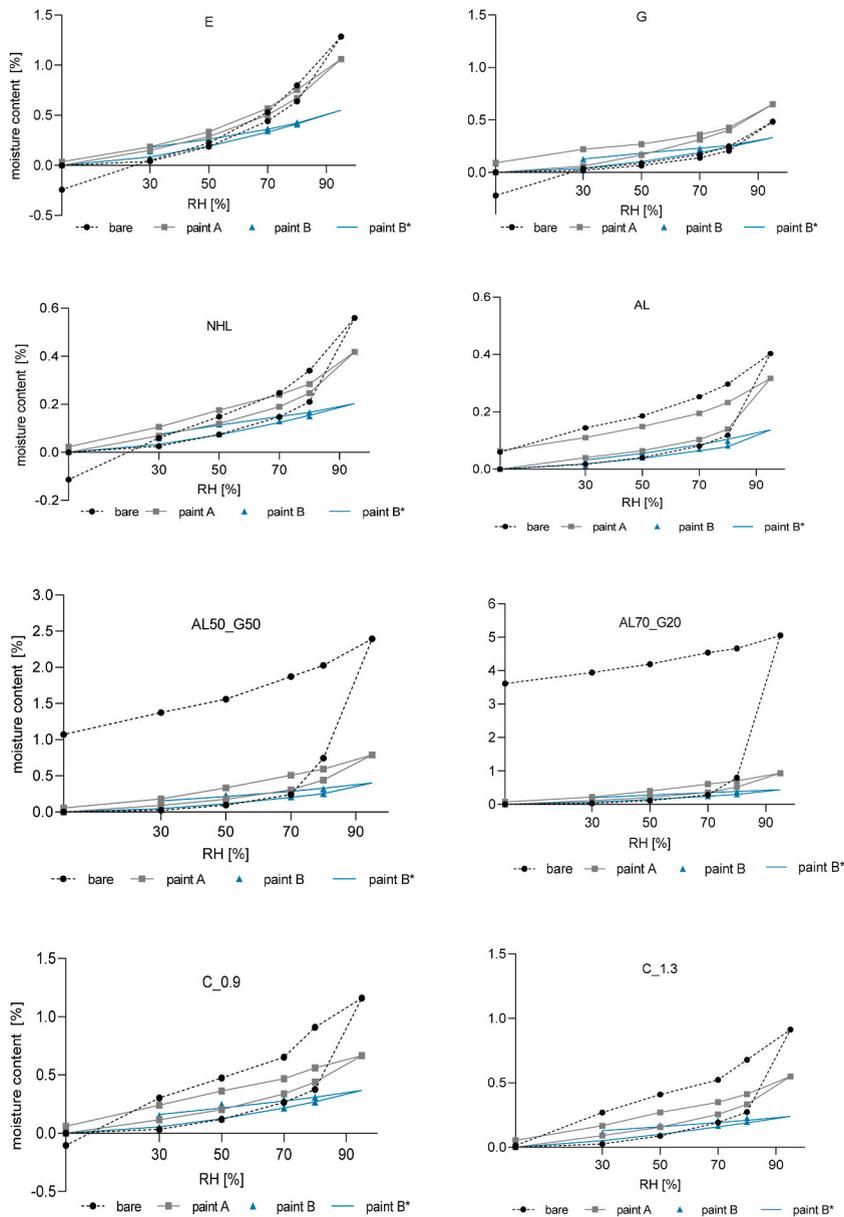


Fig. 6. Sorption isotherms 0 %–95 % RH. In black (dashed) the bare mortars, in grey (continuous) the plasters + paint A, in blue (only symbols) the plasters + paint B and in blue (continuous) the predicted curves for plasters + paint B (\*). (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

the systems, mainly for mortars that would show a hysteresis at high RH levels. The application of the vinyl paint A, instead, overall does not modify the systems adsorptions. These results are consistent with the findings on water vapor resistance of the systems and the water vapor permeability classes declared by the producers.

When the vinyl paint A is applied on mortars G, NHL, C\_0.9 and E the adsorption curves observed are slightly higher than the ones of the bare mortars. However, these bare mortars were all showing a negative moisture content when dried at the end of the test. It is possible that these mortars, and mortar E, were not completely dried when the test started, so the  $m_0$  accounted for calculation is higher than the real dry mass (final one). Nevertheless, the test was performed according to the standard [36] and the specimens reached equilibrium (dry) before being moved to the climatic chamber to start the RH steps. The corrected curve (using the final dried mass as  $m_0$ ) is presented in Fig. 7 and shows that the application of vinyl paint A, as expected, did not increase the moisture adsorption.

Nevertheless, the slope of the curves of the painted and unpainted specimens, needed for the calculation of the moisture penetration depth and the theoretical MBV, resulted similar.

### 3.3. Moisture penetration depth

The moisture diffusivity ( $D_w$ ) of the plasters was calculated according to equation (3). The saturation vapor pressure calculated according to equation (4) at the temperature of 23 °C was found to be equal to 2807.81 Pa. The moisture storage capacity ( $\xi_u$ ) was obtained from the sorption curve although, as evidenced by McGregor et al. [43] and by Roels and Janssen [44], the non-linearity of the hygric properties represents a challenge for the determination. The same authors [43,44] suggest considering the middle range of RH, excluding the sharpest segments of the slopes. Thus, the range of RH 50–70 % of the sorption curves was considered to calculate the moisture storage capacity of each plaster, also consistent with the moisture buffering testing conditions selected with the RH step 50–75 %. Results (Table 4) of moisture penetration depth for the bare clay plaster for  $d_{p,1\%}$  and  $d_{p,1/e}$  are 37 mm and 8 mm, respectively, for a calculated diffusivity of  $2.379 \text{ E}^{-9} \text{ m}^2/\text{s}$ . A similar result was found by Maskell et al. [40] for an earthen plaster, with calculated moisture penetration depth at 1 % and 1/e, respectively 57 mm and 12 mm. When the vinyl paint A is applied, the moisture diffusivity decreases, and the thickness of the equivalent air layer of the system increases. The diffusivity when the clay plaster is painted, in fact, decreases to  $2.0521 \text{ E}^{-9} \text{ m}^2/\text{s}$  and the penetration depth, according to one model or the other, is found to be equal to 35 mm and 8 mm.

It is evident that, according to both models, the decrease in MPD of the mortars with the application of paint A is very small, probably having little or no consequences on their moisture buffering capacity. In case the  $d_p = 1\%$  method is followed, all the tested specimens are thinner than their calculated MPD (all the section is involved in the mechanism either with or without paint). In that case, their practical MBV would be an underestimation of the ideal MBV. If the MPD is, instead, lower than the real thickness of the specimens (according to  $d_{p,1/e}$  calculations) then the practical MBV of mortars - vinyl paint systems would be lower than the ideal MBV of bare mortars for NHL, C1.3, AL70\_G20, AL50\_G50, G, greater for C\_0.9 and a perfect match for E and AL.

### 3.4. Moisture buffering value

MBV resulting from the experimental campaign of bare, painted A and painted B plasters are shown in Fig. 8 with the limits proposed by NORDTEST [22] for building materials. The mortars AL, NHL and C\_0.9 showed an MBV slightly higher than *limited* both with and without the application of the paint A. The MBVs of C\_1.3 and G are very similar and between the *limited* and *moderate* classifications. The application of paint A slightly increases their buffering capacity. The same effect is visible on the gypsum pastes

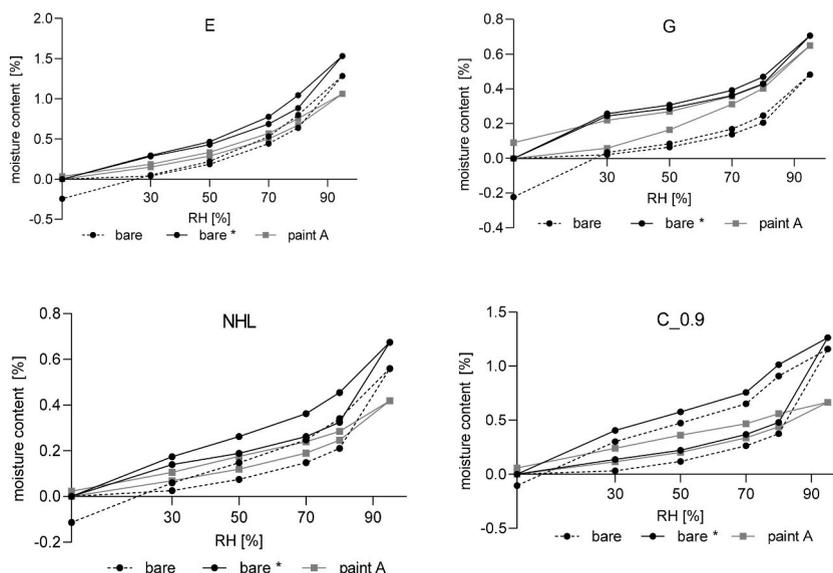
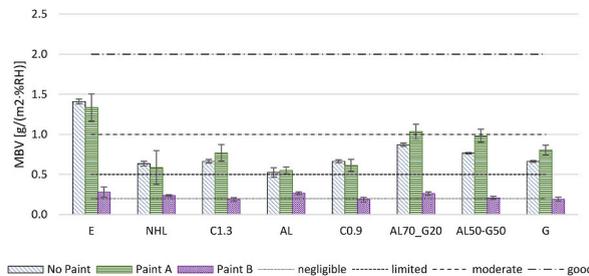


Fig. 7. Correction factor (\*) applied on the sorption isotherms for mortars based on: E – earth, G – gypsum, NHL – Natural Hydraulic Lime, C\_0.9 – cement.

**Table 4**  
Synthesis of results for calculated moisture penetration depth of the bare and with paint A mortars.

Plaster	$d_{\text{real}}$ [mm]	$D_w$ [m <sup>2</sup> /s]		$d_{p,1}$ % [mm]		$d_{p,1/e}$ [mm]	
		Bare	Paint A	Bare	Paint A	Bare	Paint A
E	22	2.379E-09	2.051 E-09	37	35	8	8
AL	23	1.993 E-08	2.001 E-08	108	108	23	23
NHL	20	8.442 E-09	6.625 E-09	70	62	15	13
C1.3	21	3.865 E-09	2.425 E-09	48	38	10	8
C0.9	22	1.895 E-09	2.108 E-09	33	35	7	8
AL70_G20	21	1.161 E-08	7.983 E-09	82	68	18	15
AL50_G50	22	1.331 E-08	9.674 E-09	88	75	19	16
G	21	2.488 E-08	8.170 E-09	121	69	26	15

Notation:  $D_w$  – moisture diffusivity (m<sup>2</sup>/s);  $d_{p,1}$  % and  $d_{p,1/e}$  – moisture penetration depth (mm); binders: E – earth; AL – air lime; NHL – natural hydraulic lime; C – cement; G – gypsum.



**Fig. 8.** MBV of the plasters with and without paints (average and standard deviation) compared with limits of classes from NORDTEST [22].

AL70\_G20 and AL50\_G20, even if for higher values (very close to the *good* class). The *good* moisture buffering of the clay-based plaster (with the highest MBV equal to 1.41 g m<sup>-2</sup>•RH<sup>-1</sup>), instead, is slightly reduced by the paint A application. Overall, paint system A does not seem to have a big impact on the moisture buffering of the mortars. Paint system B, instead, developed for outdoors use with higher water vapor resistance reduces the performances in all cases, seeming to equalize all the mortars to *negligible*, in some case *low limited* class and limiting, thus, their moisture buffer capacity.

The slight increase in moisture content of the system with application of the vinyl paint A, was further investigated. The possibility of the moisture capacity of the paint itself was tested through ISO 24353 [41]. For the scope, three applications of the vinyl paint A on sheet glass were prepared and their moisture buffering capacity was evaluated. The MBV (calculated according to Rode et al., 2005) was found  $0.06 \pm 0.013$  g/(m<sup>2</sup>•RH%) which shows a small hygroscopic response of the paint itself. This little moisture storage capacity of the vinyl paint A probably contributed to the adsorption and desorption capacity of the system.

The ideal MBV for the bare mortars and the system mortars with paint A was calculated according to equation (10). The same parameters described for the calculation of moisture penetration depth (section 3.3) were used. Results of practical and ideal MBV (in this case only for plasters with paint A) are resumed in Table 5.

In both cases (bare and vinyl painted mortars) the practical MBV is lower than the ideal MBV. This can be related to the assumptions made by equation (6) for the calculation of the theoretical MBV, as observed by Roels and Janssen [44], of a moisture behavior related to the square root of time when the surface film resistance is neglected, and the specimen is assumed semi-infinite. Moreover, according to results of MPD with  $d_p = 1$  %, it is possible that the real thickness of the specimens is lower than the ideal thickness involved in the mechanism. The fact that the ideal value is found always to overestimate the real behavior of the material and that probably there are other factors affecting the moisture buffering behavior was concluded also by Maskell et al. [40]. Nevertheless, the differences between the adsorption and desorption curves of the painted (A) and unpainted specimens are very small, as showed in Fig. 9.

**Table 5**  
Synthesis of the ideal and practical MBV according to ISO 24353 [41] of the plasters.

Plaster	No Paint		Paint A		Paint B
	MBV <sub>ideal</sub>	MBV <sub>practical</sub>	MBV <sub>ideal</sub>	MBV <sub>practical</sub>	MBV <sub>practical</sub>
E	1.95	<b>1.41</b>	1.53	<b>1.33</b>	<b>0.28</b>
AL	0.88	<b>0.52</b>	0.85	<b>0.55</b>	<b>0.27</b>
NHL	1.11	<b>0.63</b>	0.94	<b>0.59</b>	<b>0.24</b>
C1.3	1.08	<b>0.66</b>	0.96	<b>0.77</b>	<b>0.19</b>
C0.9	1.10	<b>0.66</b>	0.92	<b>0.61</b>	<b>0.19</b>
AL70_G20	1.72	<b>0.87</b>	1.27	<b>1.03</b>	<b>0.26</b>
AL50_G50	1.58	<b>0.76</b>	1.21	<b>0.98</b>	<b>0.21</b>
G	1.09	<b>0.66</b>	1.24	<b>0.80</b>	<b>0.19</b>

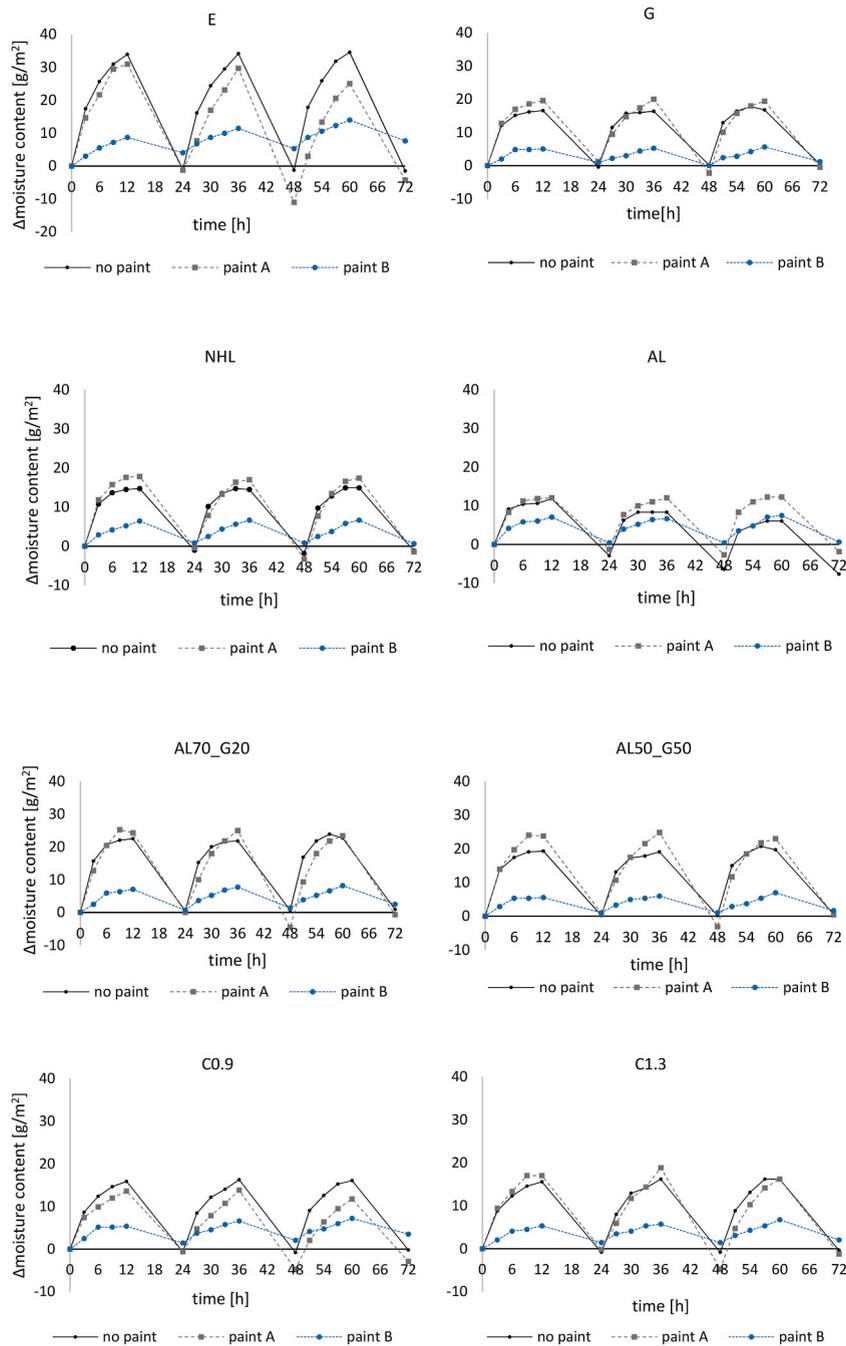


Fig. 9. Adsorption/desorption curves of the last three cycles run in *middle humidity level* according to ISO 24353 [41] over the time (hours). In blue (dashed) the painted A, in grey (dashed) the painted B and in black (continuous) the unpainted specimens. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

Considering that the tests were not run simultaneously, it seems reasonable to conclude that the application of the vinyl paint A did not strongly modify the MBV of the plasters. It seems possible, in some cases like the air lime-based mortar (AL), that the paint system contributed to a faster stabilization at the quasi-steady state. Instead, the acrylic paint system B, with lower water vapor permeability, has a very big impact on the moisture buffer capacity of these mortars, lowering very much their response also when tested at quasi-steady states.

#### 4. Conclusions

The present study shows that two different waterborne emulsion paints based on polyvinyl acetate binder (A) and acrylic binder (B)

have very different effects on moisture buffer properties of the plastering mortars they are applied on. The vinyl paint has very small effects while the acrylic paint significantly reduces the moisture capacity of the systems. Overall:

- The thickness of the equivalent air layer of the tested traditional and modern plastering mortars was increased by the vinyl paint A application showing more effect on some plasters than on others. Namely, the highest effect was observed for the pastes of gypsum and gypsum - air lime (G, AL70\_G20, AL50\_G50). These bare pastes have the highest WVP and the lowest surface roughness. All the other systems, apart from the air lime-based mortar-vinyl paint A, showed a lower permeability to water vapor by the application of the vinyl paint.
- The application of the vinyl paint had no significant effect on the sorption isotherms of the plasters, with equilibrium reached at a moisture content very similar to that of their unpainted versions. The application of acrylic paint B, instead, decreased the equilibrium moisture content at all the RH steps. Recalling that the acrylic paint was developed for outdoors application with lower water vapor permeability, results point out a correlation between water vapor diffusivity of the system and moisture storage.
- The moisture penetration depth (MPD) was calculated for bare plasters and plasters with the application of the vinyl paint according to two different methods (1 % and 1/e). The MPDs calculated are quite different, with the results from the 1 % method always above the real thickness of the specimens, and the results from the 1/e method almost always below or equal to it. However, according to both calculation methods, the MPD of the plasters is only slightly reduced by the paint A application.
- The practical MBV results confirm the different effects of the two paints, with the very small influence of vinyl paint A on the moisture buffering of plasters and the large reduction of the buffering capacity introduced by acrylic paint B. The ideal MBV is always an overestimation of the real MBV, as already observed by other authors, probably because it is modelled on specimens with thicker penetration depths ( $d_{p,1}$  %) or specimens assumed as semi-infinites, for instance.

Finally, with the present knowledge, it seems difficult to determine in advance if a paint system would significantly affect the moisture buffering of plastering mortars and pastes without characterizing the moisture buffering properties and capacity of the specific system (plaster + paint). The water vapor permeability of the paint can have an important effect for the moisture diffusion and storage of the system. Moreover, the present work leaves aside all the application-related-condition, such as the substrate of application, the ratio between the volume of the room and the surfaces coated, the use of the room, the ventilation rate. These conditions are needed to fully quantify the environmental effect that the application of the studied coatings might have. Nevertheless, according to the results obtained in the present work, it seems possible to conclude that more recent indoor paints have been optimized to avoid jeopardizing the potential passive moisture buffering activity of the system plaster-paint.

#### CRediT authorship contribution statement

**Alessandra Ranesi:** Writing – original draft, Investigation, Data curation, Conceptualization. **Rosário Veiga:** Writing – review & editing, Supervision, Conceptualization. **Paula Rodrigues:** Writing – review & editing, Validation. **Paulina Faria:** Writing – review & editing, Supervision, Conceptualization.

#### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Data availability

Data will be made available on request.

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